



HEALING TOUCH PHYSICAL THERAPY & REHABILITATION P C

1605 Hillside Avenue, New Hyde Park, NY 11040,

Phone: 516-616-0942, Fax: 516-616-0943

Email: htpt1605@gmail.com, Website: www.healingtouchpt.com

Thank you for choosing Healing Touch Physical Therapy.

We understand you are anxious and frustrated to get back to work or your everyday life, rest assured we are here to help you. In order to achieve that goal it is very important that you maintain a positive outlook and are very religious about doing your home exercise programs that your therapist prescribed. Let us know your difficulties whether it is language barrier or getting here, remember we are here to help you!

The best compliment you can give us is the referral of friends and family.

Inventor of traction and extension table for low back pain (U.S Patent 7,648,473).

Join Healing Touch Physical Therapy's wellness program for \$10 per month to help prevent most non communicable diseases such as obesity, diabetes, high and low blood pressure, heart attack, and stroke.

"It's not just a business; we actually care about your well being"

*DR. J. Peruvinal P.T, D.P.T
Director*

New Hyde Park's most effective painkiller!



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Our therapists are determined to make you pain-free by taking continuing ed.: courses to sharpen their skills, keeping up with the latest medical breakthroughs and the management is behind them. In order to achieve the status of pain-free, you have to do your part like home exercise programs your therapist has prescribed. It is very important that you don't add or delete anything without confirming with them first. Some exercise could be contraindicated to your condition. "You don't expect your doctor to do your job so don't try doing his."

Our therapists have only one goal: To make you pain-free!

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Welcome to Healing Touch Physical Therapy.

Thank you for choosing us, the following sets us apart.

1. We provide training for local therapists in highly skilled manual therapy.
2. Inventor's of traction and extension table for low back pain. (U.S. Patent 7,648,473)
3. We have received Certificate of Excellence from American Red Cross.
4. We accept most insurance companies. If we take you in as a patient, you won't see a bill from us unless your insurance got terminated.
5. We provide complementary transportation to all our non-emergency, ambulatory patients that have difficulty getting here.
6. Our wellness program is only \$10 per month with no initiation, termination or contract.
7. We are open 6 days a week.
8. Join a wellness program to prevent most non-communicable diseases such as obesity, diabetes, high and low blood pressure, heart attack, and stroke. Helps to reduce stress, improve energy and increase bone density. Join as a group for social interaction.
9. Free one on one session with a brain tumor survivor regarding the importance of having a positive outlook.
10. If we can help you, you will know it within two visits.

Log on to htphysicaltherapy.com to learn how to prevent pain.

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D.P.T, P.T.

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FREE PEDOMETER-Pedometer automatically counts the number of steps you take.

Really it is completely free! No catch attached to it.

Free pedometer is our gift to you for thinking about being healthy!

Being healthy is one of the best things you can do for yourself and your loved ones.

8 hrs of hard work is not considered exercise as it does not raise the heart rate enough.

Invest in a nutritionist/dietician or develop the habit of eating healthy and exercise daily. Tips on increasing number of steps you take-Park your car little further, skip the elevator and take the stairs, have a walking program in your lunch break-if you walk after lunch it is not only good for the stomach with digestion but for also the heart.

The more steps you take the better so increase physical activity in your life.

Join Healing Touch Physical Therapy's wellness program just \$10/month to help prevent most non-communicable diseases such as: Diabetes, High/Low blood pressure, Heart attack, Stroke, reduce stress, increase bone density and energy.

Join as a group for encouragement and social interaction.

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TESTIMONIALS BY SOME OF OUR PATIENTS

“This is the second time that I have come to this office for a session of treatment. Being a medical health provider myself, I was very impressed with the exceptional care and treatment from the receptionist to the therapist. They were very accommodating... I highly recommend this rehabilitation office.”

~ Devi Vithal

“I’m thankful and gracious to the staff for helping me with the treatments I received. I thank the team—God bless all of you and continue to be successful in treating your patients.”

~ Rosa L. Carr

“I found treatment to be very effective. Staff was very courteous and helpful. I am very satisfied with the treatment received.”

~ Ouida Russel

“The people here are very good and caring. I found everyone here very humble, understanding, and helpful; they would do anything to make the patients happy. I would recommend this place to anyone, and if I would, I would come back here!”

~ P.J. Anna

“All members at Healing Touch were very good and very helpful in all the situations. They all did their job very well. The transportation you provided was also helpful.”

~ Annie Daniel

“The therapy was very helpful in treating my back problems.”

~ Ivan Sternberg

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How are we sure if we can reduce your pain in 2 visits?

We classify pain into 3 categories:
Mechanical, Mechano-chemical, and Chemical

Mechanical: certain movements will decrease the pain, while certain movements will increase the pain, Ex: back pain

Treatment of choice: physical therapy to achieve mechanical correction. Drugs will only mask the symptoms.

Mechano-chemical: mechanical pain coupled with inflammation,
Ex: tennis elbow

Treatment of choice: physical therapy plus anti-inflammatory drugs

Chemical: the type of pain that is always there, Ex: cancer

Treatment of choice: drugs

Our P.T's won't be able to reproduce it and we will send you to the primary care for further testing without any delays.

We are able to reduce your pain in 2 visits!

Come to be evaluated by a true musculoskeletal expert.

Now you don't even need a script to be evaluated.

**Come try our Massage Therapy FREE for 5 minutes!
by Canney Yang, a Licensed Massage Therapist**

(917) 426-HEAL

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The best compliment you can give us is the referral of friends and family.

If you like the services tell others about your experience, if you didn't like something tell us so we can improve for you.

We have winner for number of referrals every month and year, so your number of referrals even if you don't win monthly will be counted for the year.

Winner is the highest number of referrals.

We are here to make your life easier, so let us know how we can help you.

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I am glad we are able to help you. Please write down names and addresses of your friends and family that we can help. Also, we can send them a free, no-obligation welcome package that includes a pedometer.

P.S.: Please keep the pen as our free gift.

