

# Healing Touch Physical Therapy & Rehabilitation P.C.

World's Best Physical Therapy®

1605 Hillside Ave. New Hyde Park. NY 11040. 516-616-0942. info@htphysicaltherapy.com



**It's a shame that you are living in pain while Healing Touch can easily take care of it!**

We know how our Physical Therapy can have such a huge impact on your life but you don't therefore we will buy you, your first visit. After the first visit see if we made a difference, if not we don't deserve your business therefore walk way. If you are honest and straight forward we can serve you otherwise we have nothing in common between us therefore have a good day.

According to WEB MD 80% Americans get back pain! Why don't you get yourself familiarize with neck and back pain. We put together a video for neck and back pain at [healingtouchpt.com/webinar](http://healingtouchpt.com/webinar). There is no opt in required. We have the seen the excruciating pain one undergoes with neck and back pain so we are determined to prevent it. We can send a licensed Physical Therapist to your place of worship or to your home (minimum 20 people required). He or She will teach how to prevent neck and back pain as well as what to look for with neck and back pain. We will also teach you proper lifting techniques so you won't get injured unnecessarily. We are mentioning neck and back since it is the most common area of pain. We should be able to answer all your musculoskeletal questions; after all we are the musculoskeletal expert.

Call us at 516 616 0942 to have the N.Y State licensed therapist at your place of worship or party.

**DOES IT MAKE ANY SENSE TO GO ANYWHERE ELSE FOR PHYSICAL THERAPY WHEN HEALING TOUCH OFFERS GURANTEE ON PAIN FREE BODY\* AND NO MORE MEDICAL BILLS\*®? WE ARE ALSO OFFERING COMPLIMENTARY TRANSPORTATION!**

**Pain free body guarantee and No more medical bill policies are explained in this letter.**

**Are you afraid of medical bills without any success in reducing the pain?**

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Receiving medical bills can be a very scary thing that would prompt many people to avoid getting the help they need and talk about the treatment being ineffective. Can someone guarantee about medical bills and effective treatments? Yes! Stop living in fear of pain and finally gain independence from it.

**This is what the founder of Healing Touch Physical Therapy has to say:**

The standard approach of heat and electric stimulation and some random exercises for herniated disc never made any sense to me. Sure, the pain decreased after the treatment due to relaxed muscles, but the pain always seemed to come right back. The reason is the underlying cause- the deranged disc which still sits on the nerve root causing the pain. Heat, electric stimulation and massage will do nothing to that disc!

By treating patients and not seeing a positive result of relieving pain and suffering, frustrated me to the point of questioning whether I had chosen the right field. After some research, I was introduced to the world of manual therapy, in which I learned the skills that I needed to effectively stop the radiating pain in just one visit.

Today, I take great pride in my profession and the difference I make in my patient's life. If you, or anyone else you know experience pain, you can come in with the confidence that when you leave, your pain will be reduced. If we can help, you will know it within 2 visits and if we cannot, we will gladly refer you to the appropriate field so that you can get the help you need. We only have one thing in mind, what is the best choice for you in reducing the pain. Let your pain become our headache; let us worry about reducing and eliminating it. It makes me very happy knowing that you are living a pain free life and I was part the reason for it. If you want to know more about me, check out my [Facebook](#) page. I try to put out a quote every single day on [www.facebook.com/htphysicaltherapy](http://www.facebook.com/htphysicaltherapy).

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## Letter from Director

Being son of a single parent former factory worker I know very well the importance of getting back to work so you bet we work towards that without any unnecessary delays. I understand very well what medical bills can do to a family that is already stretched to the maximum that's why we are taking the stand - No more medical bills! You can come in with the confidence that you are not liable for any medical bills. We only send medical bills to you if the insurance company sends the check directly to you or if your insurance was terminated since starting the treatment. If the insurance company doesn't pay for the services, we will fight it but you are not liable for any bills. If you are honest and straight forward you have lot common with me so you have nothing to worry about other than being pain free. It is very important that you do all the exercises your physical Therapist gives you and you don't add or delete anything without first checking with them. If you have any questions or concerns, contact me directly at jay11040@gmail.com

It makes me very happy to know that you are living a pain free life and I was part of the reason for it. There is a customer care representative or office administrator that you can talk to regarding any of the difficulties you might face.

It is the goal of our clinic not only to accommodate you to the best of our ability, but to also treat you as an honored guest in our home:

Everyday

Every time

Without fail

And with absolutely no exceptions.

I like to pleasantly surprise my clients (those under my care and protection) occasionally. If you are being helped to become pain free then you have a moral obligation to refer your friends and family so we can help them as well. When you refer, we will make you a HT VIP.

P.S We are offering pain free body\*®, No more medical bills!®, and complimentary transportation. If there is anything else I can do, please let me know.

We look forward to serving you, your family and friends in the future. We want to thank you again for considering us. Please feel free to recommend us to your friends and family.

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**Tomorrow will always be bright for those that haven't forgotten struggles of yesterday and the struggles others are facing today:**

## **Why is Healing Touch Physical Therapy “outrageously” successful?**

I never had a lemonade stand or paper route, and never been a business man. Walking home from Martin Van Buren high school in Queens village, N.Y. Whenever I see a mature person moving the grass or shoveling snow I would say “take a break, I got it”. I never took any money from them until it was forced upon me. Very few people took advantage of my good nature but majority didn't. Word got around the neighborhood fast that I was the go to kid for anything that needs to be done around the house. Years later when I graduated from P.T school and started to look for a job-goal of every employer was to keep the patient as long as they can so maximum money can be “milked” from the insurance companies! Of course I vowed against that so I had to open my own practice at age 25 instead of going to clubs. The only marketing I had was word of mouth and it is still remaining as the central part after 18 years!

**Dr. J Peruvinal DPT**

**Director**

## **What makes HTPT different from other physical therapy offices?**

Healing Touch Physical Therapy was started on a principle of treating the cause of pain rather than just masking the symptoms. We tell you exactly what is the cause of pain, how to eradicate it and whether we can help or not so you don't waste your valuable time. We will get results in shorter time periods, in many instances the positive change in the first visit itself. Many physical therapy places are in offices without adequate space or equipments. Healing Touch Physical Therapy is located on a 2000 square feet building with all the necessary and more equipments.

We welcome walk-ins to check out our place at your convenience on any office working hours.

We have been serving the community since 1999. We are so proud of how good the facility looks, yet we are continually improving on it for our patients.

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## Why would you come to Healing Touch PT?

We understand you don't have any time to waste and want to get back to life A.S.A.P

- Feel confident about your decision to come to our clinic. We have all the equipments and more needed for a physical therapy clinic.
- We are constantly improving the appearance for our patients.
- We provide training for local therapists in highly skilled manual therapy.
- We believed in so much that we can help disk injuries; we went ahead with a U.S Patent.
- Inventor's of traction and extension table for low back pain. (U.S. Patent 7,648,473).

Our other inventions include:

- J Safety gear.
- J Wall slider.

We are a proud owner of Repex II table for back pain sufferers, What's great about this machine is that it does all work for the patients. All you have to do is lie on it! Only 3 other clinics in New York State have it. NOT NYC BUT NY STATE.

- J Extension home unit for back pain-Free for our patients is coming soon.
- We have received Certificate of Excellence from American Red Cross.

If you are thinking about surgery for neck and lower back pain we urge you to try us first. We can show dramatic results in relatively short time periods.

We accept most insurance companies including Health First Medicaid and Wellcare. If we take you in as a patient-you are not liable for any bills unless your insurance was terminated or if the insurance company sends you the check directly. So don't live in pain fearing medical bills! If the insurance company doesn't pay for the services, we will fight it but we won't make you liable for the bill.

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- **We provide complementary transportation to all our non-emergency, ambulatory patients that have difficulty getting here.**
- **All patients and visitors get 5 minute FREE massage from a NYS licensed Massage Therapist, there after it is only \$1 per minute. No-Fault insurance now covers medical massage.**
- **Join a wellness program to prevent most non communicable diseases such as obesity, diabetes, high and low blood pressure, heart attack, and stroke. Helps to reduce stress, improve energy and increase bone density. Join as a group for social interaction.**
- **Our wellness program is only \$10 per month with no initiation, termination fees or long term contract.**
- **We are open 6 days a week. Morning, evening and weekend hours are available. Due to increased demand we are now open 7 am to 9 pm Monday thru Friday and 9 am to 5 pm on every Saturday.**
- **We have J safety gear to prevent falls while doing treadmill, single leg balance or ball exercises due to loss balance or drop in sugar levels. To see it in action, login to [healingtouchpt.com](http://healingtouchpt.com)**
- **Free one on one session with a brain tumor survivor regarding the importance of having a positive outlook.**
- **Most importantly if we can help, you will know it within two visits. If we are unable to help you, we will gladly refer you to your primary care so you can get the help you need without wasting any of your valuable time.**

**In 2 visits we should be able to identify and address the root cause of pain rather than just treating symptoms and make a positive change, so you can decide the effectiveness of the treatment.**

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## How we are sure if we can make a positive change in 2 visits?

We classify pain into 3 categories. Mechanical, Mechano-chemical, and chemical.

**Mechanical pain** most likely to respond to physical therapy. A common example is back pain-certain movements would increase the pain while certain movements would decrease it.

**Mechano chemical** - A common example is tennis elbow. A combination of anti-inflammatory drugs and physical Therapy would work great in this case.

**Chemical Pain**- A common example is any sinister pathology like cancer. Our P.Ts would not be able to reproduce the pain and therefore you would be sent back to the primary care for further testing.

We are sure to help you in 1 visit itself, but we added 1 more visit to be certain!

### Policies:

#### **Pain free body guarantee policy:**

At the time of evaluation we will classify into 3 categories

- Mechanical
- Mechano-chemical
- Chemical

If you fall into mechanical and mechano-chemical category, we will give you 5 visits FREE including any co-pays you have after the 10 visit. If you fall into chemical category, we won't be treating you and will be sent to your primary care for further testing.

#### **No more medical bills policy:**

We will only send bills that is not paid once as it is required by law. If your insurance company don't pay your bills, we will fight it but won't send you the bills. You are only responsible for medical bills if your insurance was terminated since starting of treatment or if the insurance send you the treatment reimbursement directly.

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- Rest assured you are in good hands by our caring and knowledgeable therapists who are able to tell if they can help you or not in relatively short period of time.
- If you want to be associated with a true musculoskeletal expert come immediately.

We have added more therapists and support staff to accommodate all.

Our care package is only \$900 for 20 visits that is only \$45/visit making it very affordable for anyone without insurance, high co-pays or with insurance limitations on number of visits.

Other packages are available:

\$500 for 10 visits & \$300 for 5 visits, you can buy the smaller package and upgrade to the 20 visits as needed.

If you know anyone that doesn't have insurance, we will help them get Medicaid.

**“It's not just a business; we actually care about your well being.”**

Director

Dr. J. Peruvungal PT, DPT

We believe in so much about making you pain free, we are prepared to guarantee it.

**PAIN FREE BODY GUARANTEED\*®**

**P.S Think of all the possible things you can do with a pain free body. Listen, it's been long enough that you suffered with this PAIN, now let us help you live pain free. HEALING TOUCH OFFERS GURANTEE ON PAIN FREE BODY\* AND NO MORE MEDICAL BILLS\*. WE ARE ALSO OFFERING COMPLIMENTARY TRANSPORTATION!**

Congratulations on the first step of thinking about being pain free, now take the next step of calling and scheduling your appointment. Otherwise you are simply day dreaming about being pain free.

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If you are still defensive about the effectiveness of treatment, read testimonials of past patients at [healingtouchpt.com](http://healingtouchpt.com). We are doing a computerized muscle strength and range of motion testing (to avoid subjective errors) at initial evaluation to get base line and every 30 days so you can evaluate the effectiveness of treatment yourself. If there is effectiveness to the treatment then it should show up on the report.

For a limited time we are offering free wellness program. Take full advantage of this offer. Make an appointment now.

## HEALING TOUCH PHYSICAL THERAPY & REHABILITATION P C

1605 Hillside Avenue, New Hyde Park, NY 11040

Ph: 516-616-0942, Fax 516-616-0943

New Hyde Park's most effective pain killer

[www.healingtouchpt.com](http://www.healingtouchpt.com). Email: [info@htphysicaltherapy.com](mailto:info@htphysicaltherapy.com)

We are replacing the word from patient to client  
(Those under our care and protection)

**FREE Book for self treatment is available to everyone;  
You don't even have to be our client to be eligible for it!**

Call us to get a check list of 10 Things to know before selecting a Physical Therapy office?

We can even email or fax it to you.

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## Our offer:

We know how we can have a huge impact on your life with our Physical Therapy so we are buying the first visit. If you find it useful then continue otherwise we don't deserve your business therefore walk away. When you call mention the code **FREE EVAL** and receptionist will schedule you for **FREE** evaluation/treatment. We only have few **FREE** evaluation/treatment available per day so hurry. Once they are gone, that's it.

**If you want to save the world-call Superman but if you want to have a Pain free body\* call me.**



Quality without any compromises since 1999.

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