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You may not have control of anything that happens around you. The only certainty you have is uncertainty. However, even in the middle of this uncertainty, you have full control over your mind. You decide what kind of thoughts you entertain your mind with. Is it going to be love or hatred toward others? Your thoughts are evident to others by your reactions. Others can irk you so much, but you have the ultimate power to react in a calm and rationale way. This is very important when there is any interaction with other human beings. Remember we have no control over how they would act but we have perfect control over how we react. This is really important in your case as you are dealing with so many clients. Not everyone will be in a great mood. Deal with it diplomatically and do not take anything personally. If you develop the habit of brushing off and moving on, not only it will be helpful in your employment but in your personnel life. Thus you can face anything fate has in store for you to face boldly. You will see that you will either crush or be crushed!

Instant gratification is what we seek for everywhere so it is imperative that you master self control for delayed gratification. Everyone wants everything now-clients may wonder why there is a delay in getting authorizations. We can understand their frustration as they are in pain, but most of the time this matter is out of our control. The best way we can do this is by over communicating with

the clients about the matter, so they can see that we are doing everything from our part. This became very evident to me from the actions Princey and Dharmi took for a particular future client. Make sure our part is clear in getting the required authorizations and as soon as we get an authorization schedule their appointment as we know that they are in pain. Not one person should feel that the therapists and others associated with Healing Touch do not care about their pain. This should be the exact thing that separates us from us and other P.T places.

We are growing and this when EGO starts to lift its ugly head. This is when we start to feel, "Healing Touch is doing great because of me" Let me be very clear-it's not because of any single person but the combined effort of everyone. Remember, you may be excellent in one area but there is the other person that is excellent in what they do as well. So always the combined effort put forth is what you need to produce excellent service and results. Why would you expose yourself to bad habits when you can do the absolute best? By doing it, you are damaging your reputation and letting the team down. This sends a powerful message to others and more importantly your own psyche-you can evaluate how much you have accomplished and it sends a message to your psyche that you can and are capable of achieving the seemingly impossible! If each of us can remain humble and put out the very best, we will soar into unimaginable heights!
